

CHESS NDIS *Services*

If you're an NDIS participant we can provide you with individualised support. We do this by providing mentorship services to develop your skills at home, in the community, in the workforce and beyond.

Our expertise and local knowledge ensure you receive the best possible outcomes from your NDIS funding. These services are available to participants of the NDIS who have these supports included in their plan.

Here's what we can provide for you as part of your NDIS plan:

Life Transitional Planning

- ✓ Meaningful life planning that includes your own goals and aspirations – this process is guided by you!
- ✓ Mentorship aimed to increase your ability to reach your goals and maintain your resilience
- ✓ Mentoring services to assist you in decision making, budgeting and daily life planning
- ✓ Mentoring on how to plan and manage your life goals and needs

Life Skills, Access to Community, Social & Recreational Activities

- ✓ Assistance in developing interpersonal skills and life skills (paying bills and other daily tasks)
- ✓ Support and companionship to work towards engaging in community activities independently
- ✓ Support and mentoring so you can reach your social or recreational goals
- ✓ Support and companionship to attend group activities that increases confidence and align with your goals

Assistance with Daily Living

- ✓ Mentorship services aimed to maximise your capacity to be as independent as possible with household decision making, personal care and domestic tasks. These supports will most likely in the home, but not limited to

Individual Employment Support

- ✓ Personal support to explore your options for education and training
- ✓ Coordination with our Disability Employment Services to support you into employment
- ✓ Identification of barriers to employment
- ✓ One on one support in maintaining employment
- ✓ On the job training and support to enable you to manage the demands of your Job
- ✓ Assistance for employers to facilitate your successful job placement



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Employment Related Assessment & Counselling

- ✓ Workplace assessments by a workplace rehabilitation provider to determine adjustments or modifications to workplace or work processes to ensure employment is maintained and matches your capacity

Accommodation and Tenancy Support

- ✓ Assistance in locating improved living environments, like finding a new rental property
- ✓ Assistance in applying for a rental tenancy or undertaking tenancy obligations
- ✓ Practical support to maintain lease agreements and accommodation arrangements

Transition from School to Further Education

- ✓ Assistance with community participation to support transition young people from school and locate appropriate further education and training that aligns life goals and social inclusion

Behavioural & Therapeutic Supports

- ✓ Assistance and coping strategies for challenging life stages and transitions
- ✓ Education for carers on your disability and how best to support you
- ✓ Assistance in functional improvement through adjustment, adaptation and building capacity for you to participate in the broader community
- ✓ Assessment for aids and equipment
- ✓ Skill mastery and ergonomic adjustment.

Start your NDIA Journey today, call the National Disability Insurance Agency on 1800 800 110

