

WHAT TO EXPECT AT YOUR FIRST MEETING

Introductions

Your planner will introduce themselves and outline what you will talk about in the meeting.

Your Preparation

Your planner will ask if you understand the information in this workbook and the materials sent to you before the meeting.

Don't worry if you have not been able to complete the Participant Statement paperwork, your planner will be able to help with that.

Your Participant Statement

You will discuss:

- your current situation: living arrangements, social activities, employment
- your current supports and what is working well
- what you would like to achieve
- what you would like to change
- your goals and aspirations.

Setting Your Objectives

You and your planner will turn your goals and aspirations into a set of actions.

Developing Your Strategies

Your planner will help develop the steps you need to take to achieve your goals and aspirations

Measuring Your Achievements

You will discuss how you and your planner will be able to tell if your personal plan is working.

Managing Your Personal Plan

Your planner will talk to you about options for managing your plan.

Setting Review Dates

You and your planner will agree on review dates for your plan.

Next Steps

You may need a second meeting to finish your planning conversation. If this is the case you will agree on a time.

Once your planner has all the information they need they will develop a plan of supports for you.

Your planner will tell you when you can expect to receive your plan of supports and what will happen next.



Hello!