

CHESS NDIS *Services*

If you are living with a disability that impacts your everyday we can provide you with tailored support. Our expertise and local knowledge ensure you receive the best possible outcomes and help you design a package of supports that will have you living your best possible life of social inclusion and participation. Here's what we can provide for you as part of your NDIS plan:

Support Coordination

- ✓ We help connect you with other organisations and co ordinate your plan of supports to make sure you are accessing your community to the level you choose
- ✓ We can assist you in managing your NDIS plan, ensuring you get the most out of your funding

Life Planning

- ✓ Meaningful life planning that includes your own goals and aspirations – this process is guided by you

Life Skills

- ✓ Assistance in developing interpersonal skills and life skills (paying bills and other daily tasks)
- ✓ Group activities that increase your confidence and align with your own goals

Mentoring

- ✓ Mentoring services to assist you in decision making, budgeting and daily life planning
- ✓ Mentoring on how to plan and manage your life goals and needs
- ✓ Assistance with community participation, such as going to the shops or attending a class or event

Transition from School

- ✓ Support for young people to transition smoothly from school
- ✓ Access to education programs and training that will aid in achieving life goals and social inclusion

Employment

- ✓ Personal support for pathways to education and training
- ✓ Coordination with our Disability Employment Services to support you into employment
- ✓ Identification of barriers to employment
- ✓ Support in maintaining employment

Accommodation

- ✓ Assistance in gaining and maintaining accommodation

Behavioural & Therapeutic

- ✓ Assistance and coping strategies for challenging life stages and transitions.



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